

May 8, 1973

Mrs. Marcia Dressel
104 Wilbur Street
Newark, Delaware 19711

Dear Mrs. Dressel:

I'm sure you'll make the best possible mother!

Some references I like are --
by Dr. Alan Guttmacher, a paper back, "Babies By
Choice or By Chance", a book by Geraldine Lux Flanagan -
"The First Nine Months of Life" and Dr. Benjamin Spock's
books on Baby Care.

You'll be surprised as to how exciting it is to be pregnant. After all, over 3 million babies are born each year and 93% have no serious problems. After you've been pregnant, you'll be a source of strength to other young married women who also are 400 miles from their mothers and have no friends. You'll be their friend.

With best wishes,

Sincerely,

Virginia Appgar, M.D., M.P.H.

/sl
bcc: Reading file